

## Physical Education Teacher and Resident Coach The Pingry School

Founded in 1861, The Pingry School is an independent, coeducational, college preparatory day school for students in Kindergarten through Grade 12. Situated on two spacious campuses in Basking Ridge and Short Hills, New Jersey, the school draws students of varied talents and diverse backgrounds from nearly 100 communities in New Jersey and New York. Together, our two campuses in Short Hills (K-5) and Basking Ridge (6-12) serve more than 1,100 students, of whom 49% are people of color. Pingry students participate in an engaging and challenging academic program, complemented by extensive co- and extracurricular opportunities, thriving in a community that is committed to intellectual engagement, diversity and inclusion, honor and character, and stewardship and sustainability.

The Pingry School seeks a dynamic and engaging **Physical Education teacher (for the Greig Family Strength and Conditioning Center) and Resident Coach**. The ideal candidate possesses disciplinary acumen and experience in the field of physical education, demonstrates a thorough understanding of the programmatic elements of fitness and instructional elements of physical education, and enjoys working with both students and adults on physical fitness and wellness. An experienced coach of any number of sports, this educator models a healthy lifestyle and demonstrates a penchant for helping people to reach their fitness goals. With keen interpersonal and communication skills, this person maintains effective working relationships with all constituents and serves as a liaison among athletes, coaching staff, trainers, and other health professionals. A person with consistently high standards, the candidate of choice seeks growth and learning every day, both personally and professionally, and inspires others to do the same through optimism, selflessness, flexibility, and teamwork. The selected candidate has a real desire to contribute to the school community by sharing their passions and through additional efforts, such as advising students, directing clubs, or supervising activities.

Key responsibilities include, but are not limited to:

- overseeing the strength and conditioning center during portions of the day
- establishing and maintaining standards of excellence for supervision and student engagement
- advising strength and condition center users on proper lifting technique, running mechanics, speed development, agility training, individualized and sport specific training, dryland conditioning aerobic/anaerobic concepts, flexibility and recovery methods, and nutrition.
- supporting multi-sport participation for student-athletes
- working cooperatively with other physical education teachers and administrators in planning and implementing physical education activities and programs for the strength and conditioning center
- maintaining facilities and equipment
- setting up and breaking down equipment for training sessions
- working across a wide variety of settings (e.g., Middle School, Upper School, fitness center) and departments (e.g., auxiliary services, health department, physical education)

Basking Ridge Campus, Upper and Middle SchoolShort Hills Campus, I131 Martinsville Road, Basking Ridge, NJ 0792050 Country Day Drivphone 908-647-5555phone 973-379-4550



• coaching both a Middle School sport and an Upper School sport each of three seasons.

Required qualifications include a bachelor's degree in kinesiology, exercise science, physical education, or a related field, fluency with general training methodology, and strong background in safety within a strength and conditioning environment. In addition to honor and character, commitment to intellectual engagement, and appreciation for stewardship and sustainability, especially important is the candidate's ease with diverse constituencies and demonstrated commitment to an inclusive school community.

Please send resume/curriculum vitae, cover letter, and contact information for three references (at least one a supervisor) to Delvin Dinkins, Assistant Headmaster-Basking Ridge, at <u>ddinkins@pingry.org</u>.

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per and Middle SchoolShort Hills Campus, Lower Schoolking Ridge, NJ 0792050 Country Day Drive, Short Hills, NJ 07078phone 908-647-5555phone 973-379-4550