

To: Seniors
From: College Counselors
Re: **SENIOR AUTOBIOGRAPHIES**

Please write your Autobiography based on the items below; read them carefully now and think about them before writing. Since we guarantee confidentiality - only your counselor will see your work - we ask you to be candid, complete and open. Think of this as a review of your life to evaluate who and what you are now; your motivations, philosophy, perspective and influences. Answer frankly and completely - don't be modest! Use your whole life (but with emphasis on your Upper School years) in school and out - family, personal, anecdotal, crises, victories, defeats...

The Autobiography is **due June 30**. The cover page must have your name and counselor's name. You may email it to your counselor or mail it to The Pingry School, 131 Martinsville Road, Basking Ridge, NJ 07920, in care of your counselor.

1. What do you expect from your college experience? Why do you want to go to college?
2. What **unassigned** books have you read in the past year and what magazines/periodicals do you read regularly? Why?
3. How have you spent the last 2 summers? What are you going to be doing this summer?
4. Where have you traveled and lived (or spent considerable time during summers) and how has it influenced you?
5. What have been your major gains and losses by going to Pingry? What do you think you have added to the Pingry community?
6. In what activities (extra curricular, hobbies, community affairs) are you particularly talented and interested?
7. What academic areas interest you most? Why? Which Pingry class (es) has (have) had a significant impact on you and why?
8. What occupations or professions interest you? Why?
9. List (in order of importance to you) honors, prizes and awards you received in the past three years. Explain **the** most important one.
10. List all elective and appointed offices you have held/hold (in school and out) over the past three years.
11. What are your greatest strengths and weaknesses, personal and academic?
12. Describe **the one** personal experience that has given you the most satisfaction.
13. What has been your most outstanding achievement? Why?
(#11 and #12 should **not** be the same event or experience).
14. Elaborate on a time where you have been disappointed or failed to reach a goal.
15. What are the most important traits you seek in a friend?
16. What jobs have you held (paid and/or volunteer)? Do/will you work during the school year?

17. Write a paragraph (or more) about someone or something who/which has strongly influenced you and explain why.