

**PROMÉTOUR**

*a class of its own*



USA: 1-800-304-9446

CAN: 1-800-657-7754

INFO@PROMETOUR.COM

# THE PINGRY SCHOOL

## LA BELLE PROVINCE

TRIP TO: QUÉBEC CITY

TRAVEL DATES: June 10-14, 2015

5 DAYS / 4 NIGHTS

# PROMÉTOUR

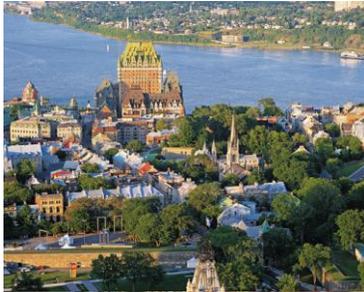
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## DAY 1: USA / CANADA

- Departure by bus from your school to "La Belle Province".
- Your Tour Director will meet you at the Manège Militaire and will be honored to stay with you through your entire experience.
- Take some time to stretch your legs & exchange money.
- Meet your host family. Share in a cozy evening over family-dinner together.
- Teachers and Chaperones check into the hotel for dinner and overnight.



## DAY 2: QUEBEC CITY

- Enjoy breakfast with your host families.
- This morning, stretch your legs on a guided walking tour of Old Québec; journey through St-Louis Street, admire the old town's fortifications and see the wall of Québec History.
- At the Artillery Park, enjoy a cup of Earl Grey while learning about 19th-century etiquette at a traditional Tea Ceremony held in the luxurious setting of the British Officers' Mess.
- Enjoy lunch with your group.
- Partake in "The Military" where under the command of both general Wolfe & Montcalm, you'll learn the soldier's conditions during the 1759 battle of the Plains of Abrahams.
- At the Musée National des Beaux-Arts du Québec walk in the footsteps of "Murderers and Beggars" as a guard leads you around the 17th Century Quebec Prison
- Return to your host family for dinner followed by night accommodation.



## DAY 3: QUEBEC CITY

- Enjoy breakfast with your host families.
- Visit the residence of Canada's Governor General; role playing games and trivia questions to help students discover the modern and historic responsibilities of Canada's governors general.
- Visit the Musée de la Civilisation - With over 10 exhibits at all times including a permanent exhibit of Québec, it is one of Canada's most impressive Museums
- Included lunch in the old city.
- Ferry across the St. Lawrence River to enjoy a view of the Plains of Abraham and Château Frontenac.
- Live some hours in the life of a soldier stationed in the Martello Tower; Daily life included military exercises, daily chores, and manufacturing cartridges.
- It's time to gather clues and discover the fortified city! With your quiz sheet in hand, partake in a Photo-Rally game. Team work is essential as the winners will receive a prize!
- Return to your host family for dinner and night accommodation.



## DAY 4: BEAUPRÉ COAST

- Enjoy breakfast with your host families.
- See the fabulous display of nature that the glacier left at the spectacular Ste-Anne Canyon - by crossing 3 suspended bridges and numerous steps you can descend 55 meter into the canyon
- Drive to Ste-Anne-de-Beaupré to visit its superb basilica.
- Visit the Parc de la Chute Montmorency, with its falls higher than those of Niagara Falls.
- Enjoy a wonderful lunch while overlooking the Montmorency falls.
- Make a stop at the copper Museum of Albert Gilles, be guided through the museum and watch a demonstration of "repuissé" work, then try your hand at creating your own copper masterpiece.
- Visit Atelier Paré where you'll listen to traditional Québécois legends depicted on a 21-foot wood mural.
- Enjoy dinner at a traditional Cabane à Sucre; tour the sugar shack, savor a lumberjack meal and learn some traditional folk songs & dances.
- Return to your host family.



## DAY 5: RETURN HOME

- Have breakfast and then say a fond "au revoir" to your host families.
- After a fun-filled trip, say goodbye to your director and head back to the USA

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